

Schedule of attractions in 16+ zones



Time	Attraction	Location
11:00	Aqua Stretching	Relaxation Zone (thermal pool)
11:30	Sports Animation	Relaxation Zone (outdoor)
12:00	Good Morning Session	Saunaria Zone
12:30	Hula Hoop Fitness	Relaxation Zone (thermal pool)
13:30	Suntago Quiz	Relaxation Zone (outdoor)
14:00	Citrus Session	Saunaria Zone
14:30	Aqua Yoga	Relaxation Zone (thermal pool)
14:30	Body Clay	Relaxation Zone (steam sauna)
15:30	Volleyball Tournament	Relaxation Zone (outdoor)
16:00	Flower Session	Saunaria Zone
16:30	Aqua Tabata	Relaxation Zone (thermal pool)
17:00	Herbal Session	Saunaria Zone
17:00	Tropical Twister	Saunaria Zone (Paradise Beach, Premium Session)*
17:30	Yoga on the Grass	Relaxation Zone (outdoor)
18:00	Live Music DJ	Relaxation Zone
18:00	Mint Session	Saunaria Zone
18:00	Clay and Shine	Saunaria Zone (Turkish Bath, Premium Session)*
18:30	Aqua Balance Workout	Relaxation Zone (thermal pool)
19:00	Forest Session	Saunaria Zone
19:00	Hop Moment	Saunaria Zone (Paradise Beach, Premium Session)*
20:00	Aqua Dance Fit	Relaxation Zone (thermal pool)
20:00	Good Night Session	Saunaria Zone

* Premium Sauna Sessions are available for an additional fee.